

# MEDICAL SUPPLIES AND EQUIPMENT BENEFITS



First Nations Health Authority  
Health through wellness

First Nations Health Benefits and Services (FNHBS) offers you a comprehensive Medical Supplies and Equipment (MS&E) plan to support you on your wellness journey.

MS&E items and services are required by many people for short or long-term needs and can be essential in supporting your health and wellness.

## Did you know?

There are over 400 MS&E items and services available to you.

Your MS&E benefit offers you a comprehensive list of items and services based on your needs and eligibility.

## What my plan covers



Some items and services that are covered by your MS&E plan include, but are not limited to:

- > Bathing and toileting aids
- > Braces and splints
- > Cushions and protectors
- > Diabetic and heart patient devices
- > Foot orthotics and orthopedic shoes
- > General MS&E
- > Hearing aids and repairs
- > Hospital beds
- > Lifting and transfer aids
- > Limb and body orthotics
- > Low vision aids
- > Offloading boots (Air Casts)
- > Ostomy supplies
- > Oxygen, sleep and breathing Aids
- > Prosthetics and supplies
- > Surgical stockings and pressure garments
- > Urinary supplies and devices
- > Walking aids and wheelchairs
- > Wound care supplies

## What my plan does not cover



Some items and services that are not covered by your MS&E plan include, but are not limited to:

- > Household items (e.g., air conditioner)
- > Home renovations (e.g., ramps, stair lifts)
- > Sports equipment (e.g., treadmills, exercise items)



To have your MS&E plan details at your fingertips, download the Pacific Blue Cross (PBC) App by scanning the QR code, or visit [www.pac.bluecross.ca](http://www.pac.bluecross.ca), to login to your member profile.

# How do I access coverage?

There are certain steps you can take to access your coverage, avoid out-of-pocket costs and get the items you need quickly.

**1**

If your doctor, nurse practitioner or other health care provider suggests an MS&E item, ask them for a prescription or written recommendation.

**2**

Ask your pharmacist or MS&E provider if they are registered with PBC for direct billing.

**3**

Talk to your pharmacist or MS&E provider about which items and services are fully covered by your MS&E plan.

**4**

Make sure any prior approval requests for items or services have been approved.

If you have any questions about your MS&E plan or how to access coverage, please call FNHBS at **1-855-550-5454**.

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