

# PHARMACY BENEFITS



First Nations Health Authority  
Health through wellness

First Nations Health Benefits & Services (FNHBS) has partnered with BC PharmaCare and Pacific Blue Cross (PBC) to offer a pharmacy plan to support you on your wellness journey.

Your pharmacy benefits provide coverage for medications to take care of your health.

## Did you know?

Approximately 55% of adults in Canada require at least one prescription medication each month.

Medications and other benefits dispensed by a pharmacy are important to cure or prevent disease and manage chronic conditions.

NOTE: You must be enrolled with FNHBS to access pharmacy benefits.  
To register, please contact FNHBS at **1-855-550-5454**.

## What my plan covers



PharmaCare Plan W (for Wellness) is the plan for First Nations people living in BC. Your plan covers the following pharmacy items:

- > Prescription drugs
- > Over-the-counter (OTC) drugs (e.g. Tylenol)
- > Non-drug OTC items

## What my plan does not cover



Some items and services that are not covered by your pharmacy plan include, but are not limited to:

- > Cannabis
- > Most vaccines

The First Nations Health Authority (FNHA) and PBC **Pharmacy Fee Supplement** contains other pharmacy benefits, including coverage of select Medical Supplies & Equipment as well as the FNHA Supplementary Formulary which covers items for wellness initiatives (e.g., the Shingrix® vaccine).



For more information about pharmacy coverage, please visit our website by scanning the QR code or <https://www.fnha.ca/benefits/pharmacy>.

# How do I access coverage?

When you need medication or pharmacy items, the best way to avoid out-of-pocket costs is to talk to your pharmacist about which items are fully covered by your plan.

**1**

**See your provider to determine if there is an appropriate medication or pharmacy item for your condition or symptoms.**

**2**

**Ask your provider if your medication requires Special Authority.**

**3**

**Talk to your pharmacist about which medications and items are fully covered by your plan.**

**4**

**The pharmacist will dispense your medication and bill Plan W or PBC directly.**

**If you plan to travel outside of BC, make sure to plan ahead and talk to your pharmacist to ensure you have enough medication to last your whole trip.**

If you have any questions about your pharmacy plan or how to access coverage, please call FNHBS at **1-855-550-5454**.

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