



First Nations Health Authority
Health through wellness

FNHA 5 Year Plan Spring 2021 Engagement

www.fnha.ca/5yearplan





Table of Contents

Background.....3
 Where We've Been.....4
 Phase 1 Approach.....5

Emerging Draft Baskets of Work.....6
 Health Governance.....7
 Access to Quality Services.....8
 Mental Health and Wellness.....9
 Anti-Racism.....10
 Health and Wellness Innovation.....11

Spring Engagement.....12

Nuts Amaht!

We are gathering the wisdom of BC First Nations individuals, communities and leaders to help shape our organization's goals for the next 5 Years.





What is the FNHA Five-Year Plan?

- Our Five-Year Plan provides the FNHA with goals, priorities and measures that help guide our work towards our Shared Vision of:

Healthy, Self-determining, and Vibrant BC First Nations Children, Families and Communities.

- Current and past plans can be found here: [Summary Service Plan](#)
- FNHA's plan is refreshed annually and renewed on a five year basis. Input will form part of an ongoing dialogue on the FNHA's priorities.

Why are we renewing it?

- Renewing the plan provides FNHA an opportunity to reflect on its progress to date and gather input from First Nations in BC on our goals for the next five years (2022/23 – 2027/28).

What have we done so far?

- The Five-Year Plan Renewal is being shaped by two phases of engagement, and a review of key information sources, including Community and Regional Health and Wellness Plans.

Fall 2020 | Phase 1 Engagement

Engagement on FNHA goal and priority areas for next five years
Review of community and regional plans, evaluation and document findings
Ongoing planning discussions with First Nations Health Governance Leadership



Winter 2021 | Draft Baskets of Work Emerged

Review of engagement findings and key documents



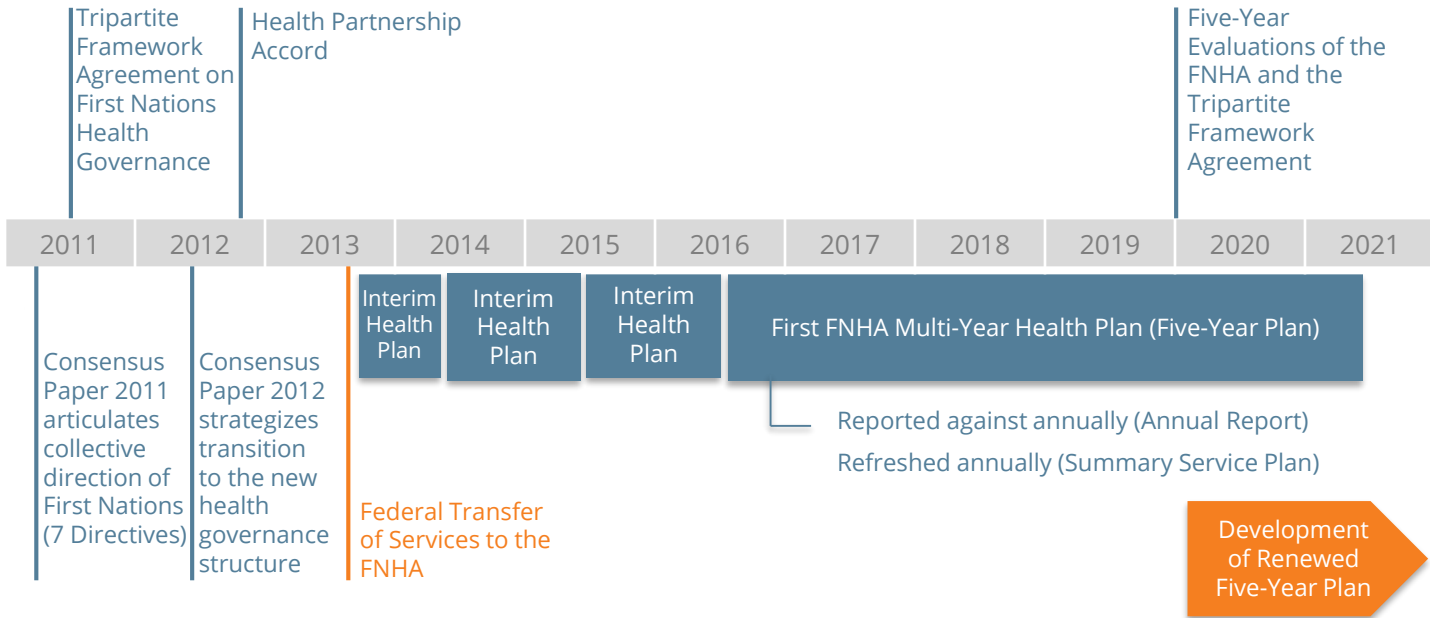
Spring 2021 | Phase 2 Engagement

Feedback on draft baskets of work through second round of engagement



Where We've Been

The following timeline demonstrates key milestones in the story of the FNHA's plans, leading up to the release of major evaluation findings and the development of a new Five-Year Plan.



Phase 1 Approach



Further Information

- The Five-Year Plan Renewal is occurring in the context of dual public health emergencies requiring significant organizational focus, and also requiring 100% of Five-Year Plan engagement to be held virtually.
- Engagement in fall 2020 included six virtual focus groups, an online feedback platform and paper-based packages. Participation spanned all five regions; urban, in-community, and rural/remote populations; community members, health staff, and political leads.
- Review of evaluations and documents included the FNHA Evaluation, Tripartite Framework Agreement Evaluation, and significant reports impacting our environment such as the FNHA/FNHDA/FNHC Anti-Racism, Cultural Safety and Humility Joint Framework and Action Plan.



Emerging DRAFT Baskets of Work

The following draft baskets of work have emerged to inform our draft goals:



During spring 2021 engagement, we invite feedback on these emerging baskets of work. The following pages provide further information for each of these baskets to inform the discussion.



Health Governance

Health Governance Themes from Fall 2020 Engagement



Trends in Community Health and Wellness Plans

- Policies, processes, approaches, and/or compliance a common community priority.
- Education as social determinant of health also commonly included in community plans.

Related Regional Health and Wellness Plan Content

Fraser Salish Base of Our Site:
Governance & Engagement

Interior Goal 3: Establish Effective
Governance and Partnership
Relationships (Goal 3.1)

Northern Priority 7: Strengthen
Partnerships and Governance

Vancouver Coastal Priority 1: Health
Governance

Vancouver Island Priorities: Traditional
Wellness, Mental Health & Wellness,
Primary Care & Nursing; Rural &
Remote Communities

Evaluation Findings

- Invest more time in **engagement** – particularly with First Nations leaders, clients and service providers
- Update **funding formulae/mechanisms** to ensure urban & away from home clients receive an appropriate share of resources/ programming



Access to Quality Services

Access to Services Themes from Fall 2020 Engagement



Trends in Community Health and Wellness Plans

- Family Wellness is a very common theme across community plans.
- Chronic Disease also one of most common community themes.

Related Regional Health and Wellness Plan Content:

Fraser Salish Pillars: Primary Health Care; Public Health and Health Literacy; Common Thread: Traditional Wellness

Interior Goal 1: Improve Health Programs and Services (Goal 1.1, 1.3-1.4)

Northern Priority 1, 2, 3: Revitalize Traditional Wellness; Deliver Primary Health Care; Support Maternal and Child Health

Vancouver Coastal Priority 3: Holistic Wellness and Health Service Delivery

Vancouver Island Priorities: Primary Care and Nursing; Rural and Remote Communities; Traditional Wellness; Maternal, Child, and Family Health and Wellness; Health Benefits

Evaluation Findings

- Challenge of **limited access to wholistic primary care** creating health complications
- **Ensure sustainability** of Health Benefits program; improved accessibility/ utilization expected to increase cost
- Continued **inequitable health outcomes** experienced by Indigenous infants, children and youth



Mental Health and Wellness

Mental Health and Wellness Themes from Fall 2020 Engagement



Trends in Community Health and Wellness Plans

- Mental Health and Wellness is second most prominent theme in community plans across regions.
- Substance Use was fourth most common theme across regions.

Related Regional Health and Wellness Plan Content

Fraser Salish Pillar: Mental Health and Wellness

Interior Goal 1: Improve Health Programs and Services (Goal 1.4)

Northern Priority 4: Promote Mental Wellness

Vancouver Coastal Priority 3: Holistic Wellness and Health Service Delivery

Vancouver Island Priority: Mental Health and Wellness

Evaluation Findings

- Support healing from **intergenerational trauma**
- Further enhance accessibility of **culturally safe harm reduction and treatment services**
- Continue to allocate resources to **address root causes of MHW** (e.g. systemic racism, discrimination, and determinants of health)

Document Review: *Opioid Overdose Public Health Emergency*

- Rise in overdoses since onset of pandemic due to interrupted supply; increasingly toxic drug supply; unintended consequences of public health measures



Anti-Racism

Anti-Racism Themes from Fall 2020 Engagement



Trends in Community Health and Wellness Plans

- Community plans include priorities around embedding culture into services and staff training, and increasing cultural safety and humility through external partnerships.

Related Regional Health and Wellness Plan Content

Fraser Salish Common Thread: Cultural Safety and Humility

Interior Goal 1: Improve Health Programs and Services (Goal 1.3)

Northern Priority 1: Revitalize Traditional Wellness and Priority 2: Deliver Primary Health Care

Vancouver Coastal Priority 3: Holistic Wellness and Health Service Delivery

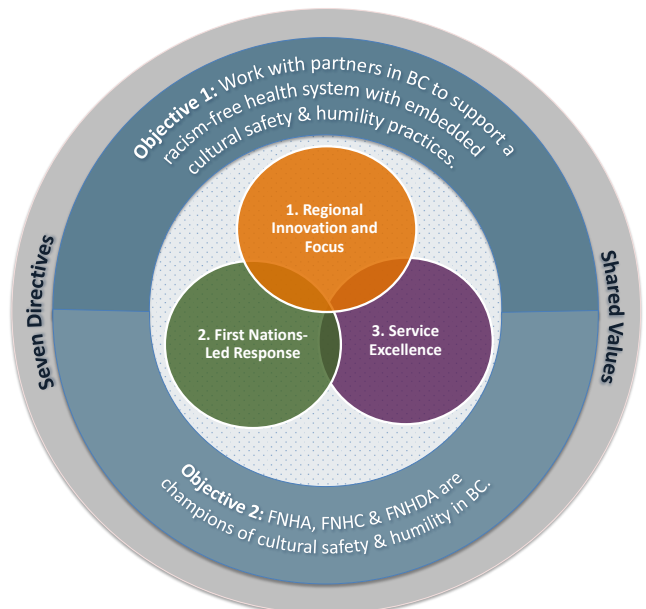
Vancouver Island Priority: Cultural Safety and Humility

Evaluation Findings

- Sustain **commitment and efforts** at multiple levels of the system to permanently “hardwire” cultural safety and humility in health-related sectors
- Sustain efforts to **increase awareness of cultural safety and humility**

Document Review:

FNHA/First Nations Health Council/
First Nations Health Directors
Association Anti-Racism, Cultural
Safety and Humility Joint Framework
and Action Plan (see visual right)





Health and Wellness Innovation

Innovation Themes from Fall 2020 Engagement



Evaluation Findings

- Develop a formal strategy for **client/ community engagement**
- Improve practices around how **engagement results are documented and shared** within organization
- **Review/ revise funding formulas** to ensure funding is allocated based on need, and that improvements in programs and services equally benefit all client groups

Trends in Community Health and Wellness Plans:

- Relationships and communication & community capital assets are themes found in community plans.

Related Regional Health and Wellness Plan Content:

Fraser Salish Common Threads: Health Human Resources; Planning, Reporting and Evaluation

Interior Goal 2: Function as an excellent and efficient organization (Goal 2.1-2.2);

Northern Priority 6: Coordinate Emergency and Crisis Management; Priority 8: Enhance Learning and Community Capacity; Priority 9: Develop Internal Infrastructure that Supports the Operational Plan Implementation

Vancouver Coastal Priority 2: Planning, Engagement, and Communications; Priority 4: Health Human Resources; Priority 5: Operational Excellence

Vancouver Island Priorities: Rural and Remote Communities; Communication and Engagement Pathways



Spring 2021: Engaging on the Five-Year Plan

Virtual Provincial & Regional Focus Groups

- Share back draft baskets of work
- Visit www.fnha.ca/5yearplan to register

Virtual Regional Spring Health Forum

- Provide update on process, share back draft baskets of work

Self-Serve Online Feedback Platform

- Summaries of draft basket areas via online feedback platform at www.fnha.ca/5yearplan

Self-Serve Feedback Package

- Paper packages or fillable PDFs can be downloaded from www.fnha.ca/5yearplan, or mailed to participants on request by emailing ppqplanning@fnha.ca or by phoning 1.778.887.9357

Further Information: www.fnha.ca/5yearplan

Spring 2021 Engagement Topics

During Focus Groups and Surveys, participants will be asked for feedback on:

Emerging Draft Baskets of Work

We want to know if the emerging areas resonate with you:



What does success look like?

We will ask how you would describe success within each areas over the next 5 years.

Specific Actions for the Next 5 Years

We want to hear what specific areas of work are most important.