



First Nations Health Authority  
Health through wellness

# Instructions: FNHA Mental Health Providers Map

These instructions explain how to navigate the FNHA Mental Health (MH) Provider map. Click [here](#) to access the new map.

All MH providers included in this map have been registered through an FNHA-approved professional body to practice in British Columbia. If you would like to see any information or details added, please email FNHA at [provider@fnha.ca](mailto:provider@fnha.ca)

The map below is marked with four key functions - please refer to the legend for the rest of the instructions:

The screenshot shows the FNHA Mental Health Providers Map interface. On the left is a sidebar with filters and a search bar. The main area is a map of British Columbia and surrounding regions with numerous red location pins. A legend on the right side of the map lists four key functions:

- 1 Pins (green circle)
- 2 Navigation (red circle)
- 3 Search (blue circle)
- 4 Filters (orange circle)

The sidebar includes a search bar (3) and a list of filters (4) such as 'All MH Providers', 'Works with children 0-5', and 'Works with youth 13-17'. The map shows a high density of pins in the southern part of British Columbia, with some pins in the northern part of the province and a few in the Yukon and Northwest Territories. A navigation control (2) is visible at the bottom left of the map area, and a search bar (3) is at the top left of the map area.

# 1

## Mental Health Professional Pins



Name  
LACEY POLTORASKY

Availability  
Accepting new clients immediately

Designation  
CCC,#RCC

Practice Name  
TAKE CHARGE THERAPEUTIC SERVICES

Telephone  
(250) 668-2966

Virtual Care  
Yes (Telehealth Only)

Gender  
Woman

Indigenous Provider  
Indigenous

LGBTQ2SI Sensitive Services  
Yes

Works with children 0-5  
No

Works with children 6-12  
Yes

Works with children 13-17  
Yes

Practice Area  
TELEGRAPH CREEK, BC

**Each provider is marked with a pin showing their location. When you click on any of the pins, you will see information about the provider in the left side panel.**

Each provider should have the following information available:

- |  |  |
|--|--|
| <ul style="list-style-type: none"><li>• Provider Name</li><li>• Availability for new clients</li><li>• Counseling designation (Canadian Certified Counsellor (CCC), Registered Clinical Counsellor (RCC), Registered Social Worker (RSW), Registered Clinical Social Worker (RCSW), or Psychologist)</li><li>• Practice Name</li><li>• Telephone number</li><li>• Provides Virtual Care (yes/no)</li><li>• Provider Gender</li></ul> | <ul style="list-style-type: none"><li>• Provider Indigeneity</li><li>• Specializes/has experience with providing LGBTQ2SI services (yes/no)</li><li>• Works with children aged 0-5 (yes/no)</li><li>• Works with children aged 6-12 (yes/no)</li><li>• Works with children aged 13-17 (yes/no)</li><li>• Practice Area</li></ul> |
|--|--|

Pins are coloured according to different filters: at the moment, the filters on the map show whether a provider is Indigenous, or whether a provider offers care to youth across three age groups.

See #4 (Map Filters) for more information.

## 2 Map Navigation

To **navigate** the map (i.e., to move to another part of the map), click and drag the map in the direction you would like to view.  
**NOTE:** Instead of using the zoom functions alone, try to navigate the map using the search function (see below).



To **zoom in** on the map, click the “+” button in the bottom left corner.

To **zoom out**, click the “-” button.

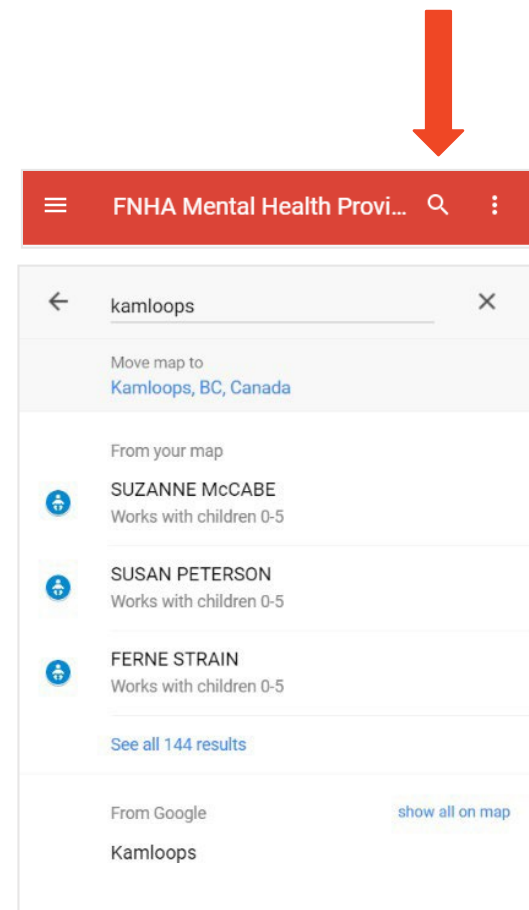
## 3 Map Search Bar

To **search**, click on the magnifying glass to make the search bar popup:

Type your town/city or home address into the search bar, and select “Move map to \_\_\_” (see example on the right).

If you type the name of your town/city, you will see the names of all the mental health providers who practice in that area on the sidebar.

Zoom in/out and navigate the map to see the providers that practice in your area.



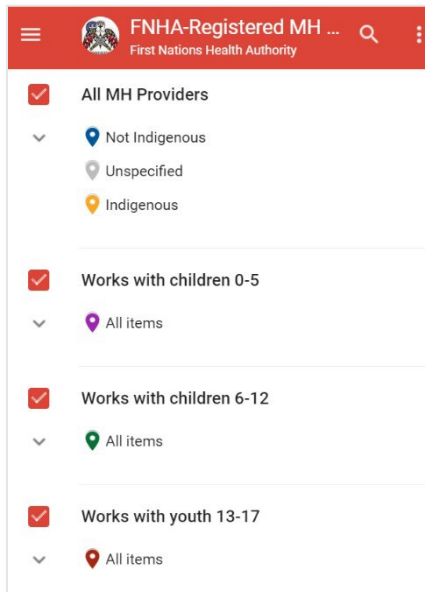
# 4

## Map Filters

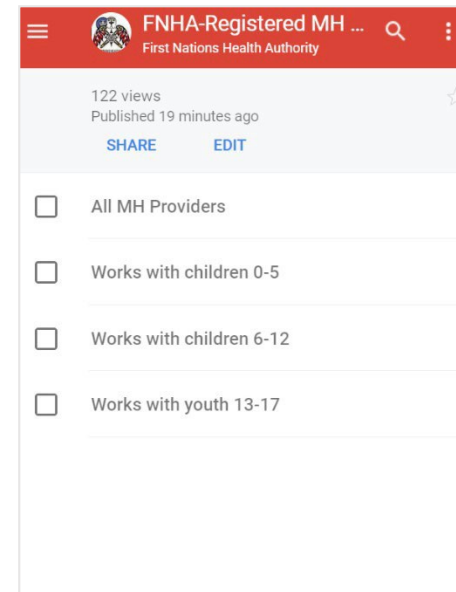
There are two types of filters on this map to help you find a specific type of provider:

1. Children and youth providers, based on the ages of children they work with.
2. Indigenous and non-Indigenous providers

When you open the map, you can see these filters in the **left sidebar**. Clicking the down arrow under each box shows the list of providers who match the filter criteria.



When you first open the map, all filters will be turned **on** (indicated by the **red checkbox**, see above).



To turn the filter **off**, click the checkbox so that it turns **grey** (see above).

## Using the Filters

### If you are looking for a child/youth counsellor:

Turn on the filter that suits the age of your child. The icons on the map will change based on which filters you have selected:

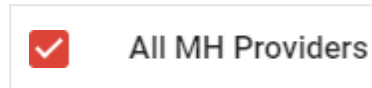


After turning on the filter, you can use the search and navigation functions to find child and youth providers in your area.

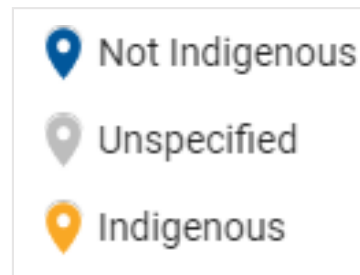
**NOTE:** Many providers work with more than one age group of children. Only the most recent filter selected will display on the map.

**If you are looking for a counsellor who identifies as Indigenous:**

Turn on the “All MH Providers” layer.



The pins on the map will pop up based on the assigned colours:



Next to each pin, the map will show a text label indicating whether the provider has identified as Indigenous, not Indigenous, or unspecified.

