

Parents should check baby's teeth once a month to look for the first signs of tooth decay.



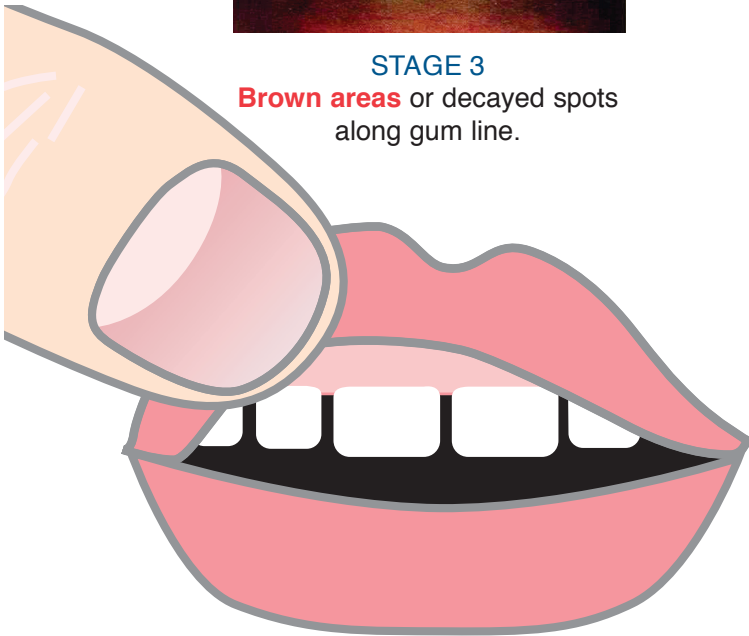
STAGE 1  
Healthy Teeth



STAGE 2  
Whitish lines along the gum line could mean the beginning of tooth decay



STAGE 3  
Brown areas or decayed spots along gum line.



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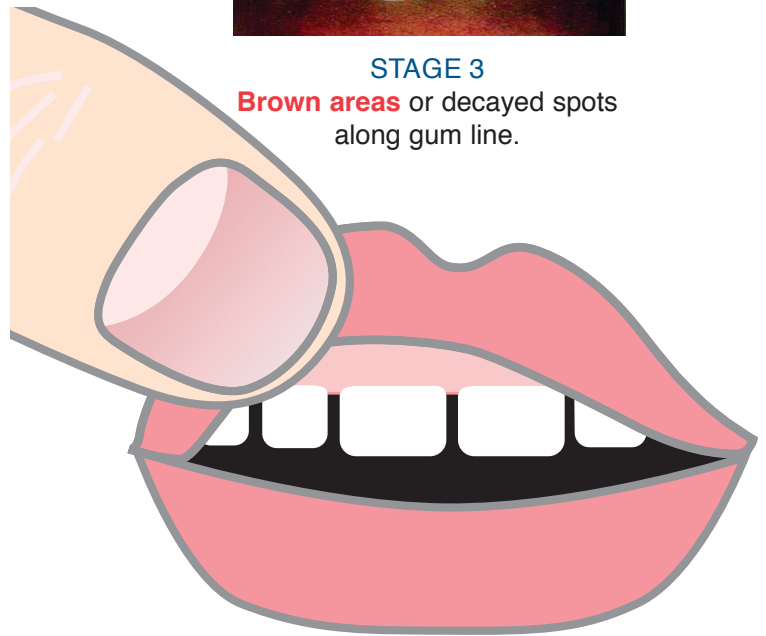
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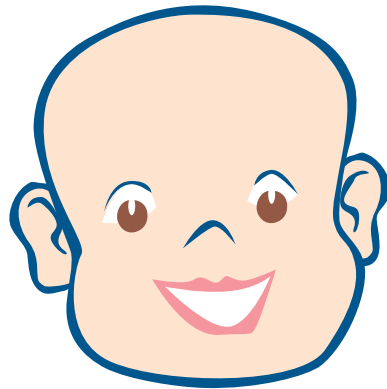


STAGE 3  
Brown areas or decayed spots along gum line.



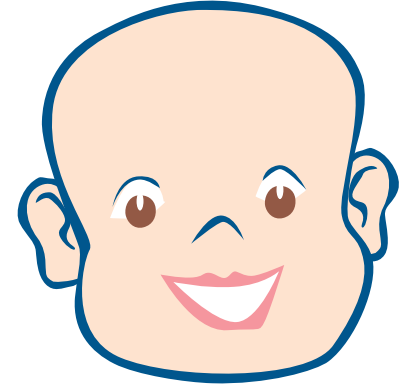


**Babies can get cavities as soon as teeth erupt. Help keep your baby's teeth healthy:**



- Clean baby's teeth twice daily with a smear of fluoride toothpaste.
- Visit a dentist by age one.
- Use only plain water in a sleeptime bottle.
- Avoid constant sipping from a bottle or a training (sippy)-cup during the daytime- it can cause cavities!
- Wean from the bottle by age 12-14 months.
- Lift the lip once a month to check for signs of early tooth decay.

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