



First Nations Health Authority
Health through wellness

The First Nations Health Authority is a diverse and rapidly evolving First Nations health organization of professional, innovative and dedicated team members and leaders.

We uphold Community-Driven, Nation-Based approaches to transforming the health system and enhancing wellness for BC First Nations peoples and communities.

Employment Opportunity

The First Nations Health Authority is committed to respecting diversity within our workforce. We specifically seek to increase the number of First Nations and Aboriginal employees in our organization.

Child and Youth Mental Wellness Counsellor Full-time, Term Position, Ulkatcho – Interior Region

The Child and Youth Mental Wellness Counsellor works in a community outreach setting and is a valuable partner with the First Nation Community of Ulkatcho, the First Nations Health Authority (FNHA) and the Interior Health Authority. The role provides advanced level of expertise in community-based holistic mental wellness counselling services, through an Indigenous world view that recognizes and respects the values, beliefs and customs of individuals, families and communities.

Education & Experience

- A Bachelor's degree with a specialization in children and youth from an accredited educational institution in an Allied Health, Behavioural, or Social Science field relevant to the position
- A minimum of 5-7 years recent experience in conducting assessments for developmental delays and mental health screening of children and youth
- Up to date registration with professional regulatory body and current valid B.C. driver's license

Accountabilities:

- Develops and provides community-based mental wellness counselling services to children and youth with mental health difficulties or social, emotional or behavior disturbances in collaboration with community health staff, Traditional Healers, families and community resources
- Provides assessments and screening for children, youth and families and screening for comorbid conditions such as: Persons with intellectual disabilities; persons with physical disabilities; persons with mental health disabilities; persons with Acquired Brain Injury (ABI); persons with learning disabilities; and persons prenatally exposed to alcohol
- Provides mental wellness counselling to children, youth and families including individual and group sessions, healing/treatment planning, collaborative discharge planning and after care
- Provides referrals to external agencies, internal services, traditional healers and other culturally relevant resources

COME JOIN OUR JOURNEY

We are driven by common values of respect, discipline, relationships, culture, excellence and fairness.

We cultivate and value working collaboratively to achieve our shared vision of Healthy, Self-Determining and Vibrant BC First Nations Children, Families and Communities.

If you are looking for more than a job, come join the FNHA family.

APPLICATION DEADLINE January 15, 2016 at 4:00 pm

Email or fax your Cover Letter & Resume as two separate documents named in the following format:

Last Name, 1st Name – Cover Ltr

Last Name, 1st Name – Resume

Email: careers@fnha.ca or,

Confidential Fax: (604) 913-6135

In the subject line of your email or fax, please include the following:

1) Child and Youth Mental Wellness Counsellor

2) "Self-Identified", if you are voluntarily identifying yourself as First Nations or Aboriginal.

3) In your Cover Letter please indicate where and how you became aware of this job opportunity.

**For more position details and information about us, please visit:
www.fnha.ca/about/work-with-us**

Please be informed that due to quantity of applicants, we are not in a position to provide application updates. Only applicants shortlisted will be contacted and all applicants must be eligible to work in Canada.

Job title	Child and Youth Mental Wellness Counsellor	Date	December 8, 2015
Position Reports to	Regional Director, Interior	Grade	7
Position Number	TBD	Position Number of Supervisor	373
Org/Dept	Interior Region, PPCS Portfolio	Location	Ulkatcho Interior Region

ORGANIZATION SUMMARY

The First Nations Health Authority (FNHA) is a health service delivery organization created and mandated to support BC First Nations to implement a number of guiding agreements and documents seeking to elevate BC First Nations health outcomes through creation of a more effective health care system. In 2013, the FNHA assumed responsibility for the design and delivery of health programs and services for BC First Nations formerly delivered by Health Canada's First Nations Inuit Health Branch - Pacific Region. The FNHA has a broad mandate to improve health services for BC First Nations through new partnerships, closer collaboration, and health systems innovation.

POSITION SUMMARY:

The Child and Youth Mental Wellness Counsellor works in a community outreach setting and is a valuable partner with the First Nation Community of Ulkatcho, the First Nations Health Authority (FNHA) and the Interior Health Authority.

The role provides advanced level of expertise in community-based holistic mental wellness counselling services, through an Indigenous world view that recognizes and respects the values, beliefs and customs of individuals, families and communities. This position focuses on evaluations and assessments and may include traditional mental wellness activities. The role also provides non-therapeutic support services such as information and referral to external resources, education on mental wellness awareness, advocacy navigating health systems and participates in a collaborative, integrated practice with other mental health professionals across the region.

ACCOUNTABILITIES

- Develops and provides community-based mental wellness counselling services to children and youth with mental health difficulties or social, emotional or behavior disturbances in collaboration with community health staff, Traditional Healers, families and community resources
- Provides assessments and screening for children, youth and families and screening for comorbid conditions such as: Persons with intellectual disabilities; persons with physical disabilities; persons with

mental health disabilities; persons with Acquired Brain Injury (ABI); persons with learning disabilities; and persons prenatally exposed to alcohol

- Provides mental wellness counselling to children, youth and families including individual and group sessions, healing/treatment planning, collaborative discharge planning and after care
- Provides referrals to external agencies, internal services, traditional healers and other culturally relevant resources
- Provides crisis support and intervention in the event of a major community tragedy
- Provides consultation, education and information to individuals, families, community and caregivers about mental wellness
- Evaluates treatment outcomes to ensure effectiveness of services
- Provides advocacy to address barriers to services
- Provide information pertaining to outcomes, goals, and regular updates on the work in the region and its impact on community members and the effectiveness of the role.
- Develops, recommends and implements practices and procedures to improve quality access to mental wellness counselling services to children and youth across the interior region
- Collaborates with First Nation Health leaders to identify and address gaps, barriers and challenges of service delivery and offer solutions
- Participates in inter-disciplinary case conferences including the use of telehealth and e-health technologies
- Ensures client confidentiality and privacy in accordance with professional regulatory guidelines and following standards of practice and legal requirements
- Perform other related duties, as assigned

QUALIFICATIONS

Education

- A Bachelor's degree with a specialization in children and youth from an accredited educational institution in an Allied Health, Behavioural, or Social Science field relevant to the position.
- Up to date registration with professional regulatory body

Other

- Current valid B.C. driver's license and willingness to submit clear driver's abstract

Experience

- Experience with child and adolescent populations, and a background working with children and youth at risk
- A minimum of 5-7 years recent experience in conducting assessments for developmental delays and mental health screening of children and youth
- Experience working with First Nations people and communities

Knowledge

- Familiar with holistic health modalities, and able to integrate evidenced-based approaches into their practice.
- Knowledge of assessment and screening techniques in determining suicide risk, youth addiction and other risk factors.
- Knowledge of the range of normal and problematic child, adolescent and family development stages.
- Current knowledge of psychotropic illicit drugs and prescription medications including side effects of these substances.

- Understand the different theories of the foundation of substance use and misuse and their impact on First Nations communities
- Excellent communication skills

Competencies

- Practice rooted in holistic, strengths-based and person-centered approach
- Flexibility within practice to meet clients' needs
- An understanding of small rural communities
- Actively uses self-reflectivity in practice and participates in clinical supervision and access cultural supports as needed.
- Aware of and applies professional ethics and approaches to resolve ethical dilemmas in clinical work
- Aware of and maintains comprehensive knowledge of and applies promising, principled, evidence based, and field informed, practices and clinical intervention methods.
- Ability to establish and maintain working relationships with a variety of allied professionals, formal and informal community leaders, and knowledge keepers and/or Elders.