

2023 Winter Wellness Grant Application

Please ensure your application is complete. Incomplete applications will not be accepted. When internet connectivity is available, it is preferred that FNHA receives [applications online](#).

Criteria

Please review the following criteria before submitting an application for the 2023 Winter Wellness Grant

1. The Grants are intended to support in-person gatherings that may include a virtual option which encourage First Nations in BC to stay safe and take care of their wellness during the ongoing COVID-19 pandemic.
2. Activities must ensure community safety and be in alignment with the current orders of the provincial health orders for the province and for your region. See [Provincial and regional restrictions - Province of British Columbia \(gov.bc.ca\)](#) for more information.
3. Eligible recipients include First Nations communities, BC Educational Institutions (schools), and health and social organizations that provide wellness services to Indigenous people in BC.
4. Please note: For profit organizations and Métis Chartered Communities/organizations are ineligible for wellness grants.
5. Please note: For nation run health centres, funds will be distributed to the host nation.
6. One grant per community, organization and/or Educational Institution (school). Recipients are encouraged to collaborate with neighboring communities, where feasible, if more than one application is submitted.
7. Eligible First Nations Communities are able to access a single grant up to \$2,500. Eligible BC schools, and health and social organizations that provide wellness services to Indigenous people in B.C. are able to access a single grant up to \$2,000. Followed by the completion of a brief closing report which will be required to capture the highlights of your initiative.
8. FNHA recommends that events or initiatives take place **between January 16 and February 10, 2023.**
9. Closing reports are due **no later than March 10, 2023.**

Contact Information

Legal Host Name (Community/Organization/School):	
Are you a school applying for a wellness grant?	<input type="checkbox"/> Yes <input type="checkbox"/> No
If you are an Educational Institution (school) applying, what is the First Nations student population of your school?	

For nation run health care centres, can you confirm that the nation will be aware that funds for this wellness grant will be sent to the nation to distribute.		<input type="checkbox"/> Yes		<input type="checkbox"/> No	
Legal Mailing Address of Host (include postal code):					
Wellness Coordinator Name (Main contact):					
Phone Number:		Email Address:			
Region:	<input type="checkbox"/> Northern <input type="checkbox"/> Interior <input type="checkbox"/> Vancouver Island <input type="checkbox"/> Vancouver Coastal <input type="checkbox"/> Fraser Salish				
Is your event location considered rural or remote? <input type="checkbox"/> Yes <input type="checkbox"/> No					

Has your community/organization/school received day of wellness or winter wellness grants in the past? If unsure, please email Active@FNHA.ca:
 Yes No Unsure

If yes, have you submitted a closing report on your previous event/initiative? If no or unsure, please email Active@FNHA.ca:
 (Note: only communities with no outstanding closing reports will be considered):
 Yes No Unsure

If your organization has not received a wellness grant in the past, please email your Societies Act Information to Active@fnha.ca
 Yes No Unsure

Has your organization emailed your Certificate of Good Standing for this year’s 2023 Winter Wellness Grant application to Active@fnha.ca?
 Yes No Unsure

Initiative Information

Title of initiative:		
Will your event follow the latest safety advice from the FNHA, the Provincial Health Officer, your Regional Health Authority and the local community leadership?		I agree <input type="checkbox"/> I do not agree <input type="checkbox"/>
Which Wellness Stream applies to your event/initiative? (Check all that apply)		
<input type="checkbox"/> Being Active <input type="checkbox"/> Nurturing Spirit		

<input type="checkbox"/> Healthy Eating	<input type="checkbox"/> Respecting Tobacco
Please provide a short description of how your initiative will highlight the wellness streams	
Please choose which funding category you are applying for:	
<input type="checkbox"/> Funding Category One: First Nations Communities	
<input type="checkbox"/> Funding Category Two: Educational Institutions (schools) and health and social organizations	
Please provide a short description of the initiative:	
Target audience and number of participants for the initiative (i.e., open to everyone, community members only, youth, Elders, etc.):	
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How will you determine the initiative is successful?	

Funding Request

Grants of up to \$2,500 for First Nations Communities and **\$2,000** for Educational Institutions and health and social organizations that provide wellness services to First Nations people in BC are available to support your Winter Wellness Grant initiative.

Please provide details below to indicate your funding needs and request.

Note: Grant funds cannot be spent on alcohol, concession or for-profit items, prize money, or illegal material.

What do you intend on spending the Grant on? (i.e., craft material, presenter's fees, delivery fees, food costs, transportation etc.)	
Budget Request for First Nations Communities (up to \$2,500.00):	

Budget Request for Educational Institutions (Schools) and Organizations (up to \$2,000.00):	
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Additional Information

Please provide any additional information that may assist in the review of this application.

By sending in your application, you are confirming all information is accurate and complete! **Please remember to keep a copy of your application submission handy and ensure that the Wellness Coordinator is available and ready for follow-up throughout the Winter Wellness Grant process.**

Please Remember: All organizations who are applying to Wellness Grants must email your Certificate of Good Standing for this year's 2023 Winter Wellness Grant to Active@fnha.ca

The FNHA **recommends the event or initiative take place between January 16 and February 10, 2022.** If there are goals outside this timeframe, please contact Active@fnha.ca.

Deadline for applications is **Friday, December 2nd, 2022**

For any questions regarding the grant application and guidelines, please contact:

Email: Active@fnha.ca

Phone: (604) 785-2216

Fax: (604) 913-2081

Note: If you are faxing your application, please notify us with a phone call or email to ensure we receive it!

Please remember to submit your closing report to the First Nations Health Authority after your Winter Wellness Grant initiative **no later than March 10, 2023.**

Funding Categories

There are two funding categories available.

Please review and select your applicable category.

Note: The FNHA may reclassify your funding category after our assessment.

2023 Winter Wellness Grants should:

- Consider community safety and be in alignment with the current orders of the provincial health orders for the province and for your region. See [Provincial and regional restrictions - Province of British Columbia \(gov.bc.ca\)](https://www2.gov.bc.ca/gov/content/health/protect-and-promote/prevent/provincial-and-regional-restrictions) for more information.
- Encourage participation from First Nations communities/organizations or health or social organization providing health services to BC First Nations,
- Have the ability to leverage community and corporate partnerships for collaboration and cost-sharing,
- Benefit BC First Nation community members living *home or away from home*.

Note: If your event is located in a rural or remote area, you are automatically eligible for a \$200 rural/remote premium, please indicate event location on your application.

Funding Category One: First Nation Communities \$2,500

**Funding Category Two: For Educational Institutions
(schools) and health and social organizations** \$2,000