Each COVID-19 vaccine dose increases your protection against severe illness

First Nations Health Authority
Health through wellness

MÉTIS NATION
BRITISH COLUMBIA

BCAAFC | BC Association of
Aboriginal Friendship Centres

BC Centre for Disease Control
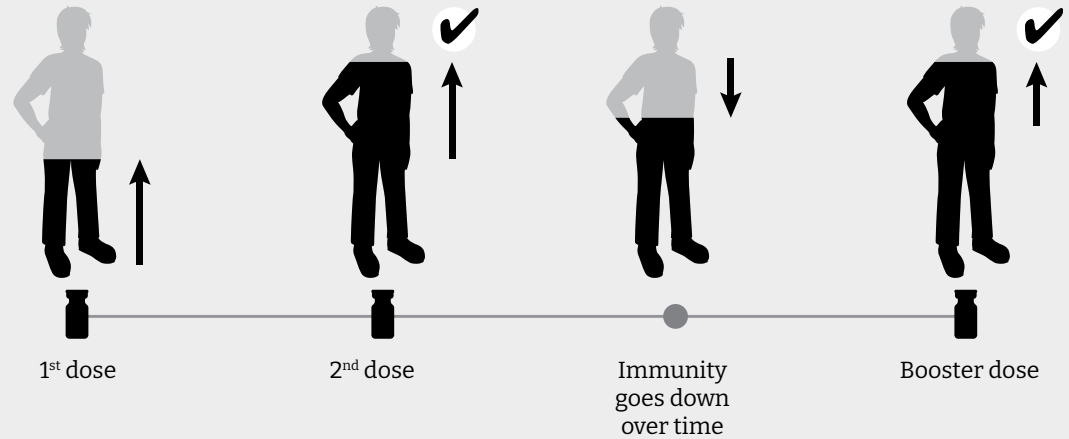Provincial Health Services Authority

Each time you get a COVID-19 vaccine, it boosts your immunity and increases your protection.

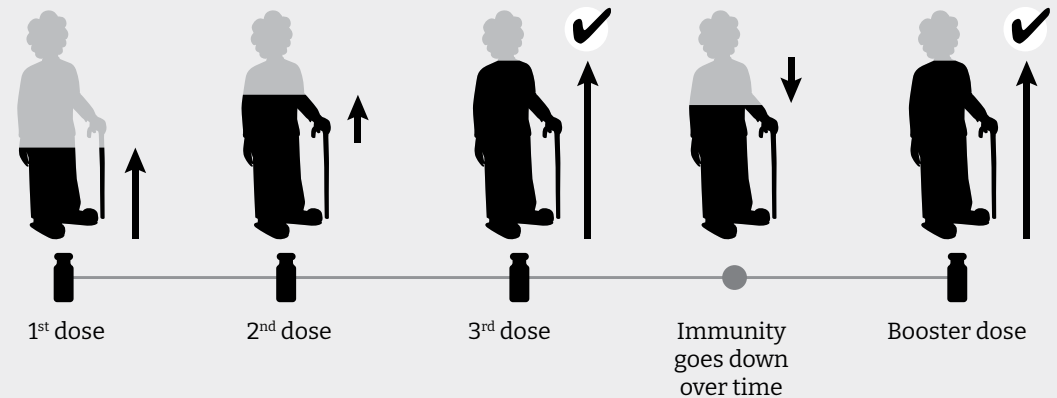Over time, your immunity will go down. Boosters bring your protection back up again.

Max

1st dose   2nd dose   Immunity goes down over time   Booster dose

Everyone's health is unique and some may need more doses to reach a high level of protection (like Max's Grandma).

Grandma

1st dose   2nd dose   3rd dose   Immunity goes down over time   Booster dose

The greater your immunity, the more your body is able to fight COVID-19.
This means you are less likely to have a very serious case or need to go to the hospital.

For more info on COVID-19, visit **www.bccdc.ca**

Questions? Call Healthlink BC at **8-1-1**