



First Nations Health Authority  
Health through wellness

# Travelling for Medical Appointments During COVID-19

## What do I need to travel for medical appointments?

Travellers aged 12 and over require proof of full vaccination against COVID-19 to board planes, trains or non-essential passenger marine vessels at federally-regulated passenger terminals.

This proof is not required to travel on BC Ferries.

### **YOU CAN GET YOUR FEDERAL PROOF OF VACCINATION FROM THE BC GOVERNMENT IN TWO WAYS:**

- via your Health Gateway account: [gov.bc.ca/health/managing-your-health](https://gov.bc.ca/health/managing-your-health)
- request it from a Service BC office in person or by phone

Note that the federal proof of vaccination is not the same as the BC Vaccine Card ([gov.bc.ca/gov/content/covid-19/vaccine/proof](https://gov.bc.ca/gov/content/covid-19/vaccine/proof)). The federal proof is required for travel, while the BC Vaccine Card is required for visiting non-essential events and venues in the province.

### **WHAT DOES FULL VACCINATION MEAN?**

To be considered fully vaccinated you must have had the full series of a Health Canada-approved vaccine, or any combination of vaccines from Moderna, Bio-N-Tech or AstraZeneca, or one dose of Janssen. Your last dose must have been at least 14 days prior to the day of travel. You do not need a third dose or a booster dose to be considered fully vaccinated, even if you are eligible for one.

### **WHAT IF I AM NOT VACCINATED BUT I LIVE IN A REMOTE COMMUNITY AND NEED TO TRAVEL FOR MEDICAL REASONS?**

People who live in remote communities who are not fully vaccinated are still eligible to travel for medical treatment, child custody arrangements, education, essential supplies including food, and treaty negotiations.

If travelling from an airport, airlines will provide self-administered rapid COVID-19 test kits free of charge.

**More information is available on the Indigenous Services Canada website:**

<https://www.sac-isc.gc.ca/eng/1635354950168/1635354976951>

### **WHAT SUPPORTS CAN THE FNHA PROVIDE?**

If you have questions or need support to arrange travel, contact the FNHA Medical Transportation team at 1-855-550-5454. If you've tested positive for COVID-19 and need to self-isolate, the team can help with accommodation, travel and meals.

To find out if you're eligible, visit [fnha.ca/benefits/medical-transportation](https://fnha.ca/benefits/medical-transportation) or call 1-888-305-1505.