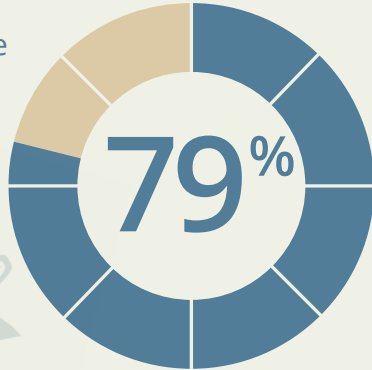


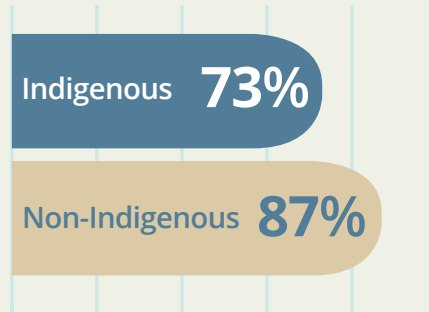
What we heard about Cancer Prevention

Cancer is a major health concern.

79% of Indigenous people agreed that "Cancer is a major health concern for First Nations and Aboriginal people."



However ... Indigenous people feel less empowered to reduce their cancer risk.



% of people who agreed there are ways to reduce cancer risk

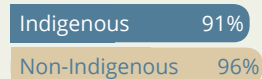
There is a **GAP** in health literacy around cancer risk and screening among Indigenous people in B.C.

R E D U C I N G R I S K

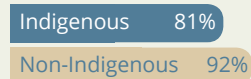
Indigenous people are less likely to agree that the following lifestyle changes can reduce cancer risk:



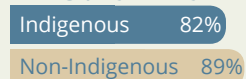
Avoiding commercial tobacco use



Eating a healthy balanced diet



Being physically active



Only 48% of Indigenous people believe that getting the HPV vaccine can decrease the risk of cervical cancer.



S C R E E N I N G

The most common reason given by Indigenous people for not getting cancer screening tests was

“feelings of fear or discomfort”



First Nations Health Authority
Health through wellness

www.fnha.ca

"People" referred to in this infographic are survey respondents and may not be representative of the population at large. This infographic was published in July 2019.