



First Nations Health Authority  
Health through wellness

# Harm Reduction Hub

Education, Support, Nasal Naloxone Bulk Ordering, Resources and More

## WHAT IS THE HARM REDUCTION HUB?

The Harm Reduction Hub provides community workers and healthcare providers with easy access to harm reduction services and supplies including bulk supply of Nasal Naloxone. The 'Hub' also helps build connections with FNHA's regional teams and other harm reduction supports to help expand harm reduction options in First Nation communities. The Harm Reduction Hub can be accessed by emailing [harmreduction@fnha.ca](mailto:harmreduction@fnha.ca).

## ORDERING NASAL NALOXONE IN BULK SUPPLY

The FNHA is continuously evolving its services and approaches to ensure that people can access them in a way that meets their needs. The FNHA's bulk ordering process for nasal naloxone has been improved to be more fulsome overall and to reach more First Nations people living in urban settings. These improvements were made in response to requests from communities to provide more fulsome support.

The bulk order program is designed specifically for First Nations communities to ensure healthcare workers and support providers have access to life-saving supplies and education. The Harm Reduction Hub team will help guide you through the eligibility criteria and ordering process.

If you need bulk supply, do not go through the pharmacy. Individuals seeking access to nasal naloxone can visit their pharmacy to obtain a kit from their pharmacist. Learn more about nasal naloxone for individuals [here](#).

## ACCESS A FULL SPECTRUM OF SERVICES AND SUPPORTS

Through the Hub, community staff can connect and collaborate with the FNHA's regional harm reduction educators and addictions professionals, the 4 Directions team (pharmacists, Indigenous wellness educators and nursing practice consultants), and the Sexually Transmitted and Blood Borne Infections (STBBI) team.

Specifically, the Hub can provide support through:

- Assistance registering for the [Toward The Heart program](#) (for injectable naloxone and training supplies)
- Accessing FNHA harm reduction education and training, including Not-Just-Naloxone training sessions
- Assistance with distribution planning for naloxone and other harm reduction supplies
- Guidance and advice on supporting people who use substances

- Weekly video meetings with service providers to explain:
  - How to prevent, recognize and respond to drug poisonings
  - How to use the [SAVE ME Steps](#) for injectable and nasal naloxone
  - How to distribute supplies and resources once service providers receive them
- Educational resources and support services are available to help you select injectable and nasal naloxone products
- Accessing Harm Reduction Supplies:
  - ✓ Bulk supply of nasal naloxone
  - ✓ Harm reduction supplies for safer smoking, insufflation (snorting), and injection
  - ✓ Drug testing strips
  - ✓ Supplies to prevent STBBIs, e.g. condoms

Additionally, communities and organizations serving Indigenous people are invited to connect to learn more about harm reduction and substance use care (building on existing programs or starting new programming), such as:

- ✓ Opioid Agonist Therapy
- ✓ RN/RPN Prescribing of OAT medication (Suboxone)
- ✓ Managed Alcohol Programs
- ✓ Withdrawal Management Support
- ✓ Suicide prevention and other mental health supports

In order to continually improve the services provided by the Harm Reduction Hub, the FNHA will regularly conduct surveys to gather insight into the successes and challenges of community harm reduction programs. Additionally, in order to improve service, feedback is always welcome.

## RESOURCES

- [Intramuscular and Nasal Naloxone Comparison Chart](#)
- Review FNHA's Harm Reduction Policy Statement and Supplements:
  - [FNHA Harm Reduction Policy Statement](#)
  - [FNHA Harm Reduction Policy Supplement 1 of 3: The Context for the FNHA's Policy on Harm Reduction](#)
  - [FNHA Harm Reduction Policy Supplement 2 of 3: Why Harm Reduction?](#)
  - [FNHA Harm Reduction Policy Supplement 3 of 3: What Is Harm Reduction?](#)
- [A Framework for Action: Responding to the Toxic Drug Crisis for First Nations](#)
- [FNHA's Mental Health and Wellness Policy](#)
- To learn more about harm reduction, visit [www.fnha.ca/harmreduction](http://www.fnha.ca/harmreduction)

Contact [harmreduction@fnha.ca](mailto:harmreduction@fnha.ca) to learn more about bulk ordering for nasal naloxone or for harm reduction education, programming, support and resources.