

Stay cool & safe during heat waves

Our summers are getting hotter because of climate change. When temperatures get and stay very high, it's called a heat wave. Heat waves can be dangerous, be sure to stay cool and take care. How do you like to stay cool when it's hot? Draw or write it below!	



Here are some ways to stay cool and safe when it's hot out, colour them in below!

Drink lots of water



Hang out somewhere cool



Stay out of the sun



Take it easy











