



First Nations Health Authority
Health through wellness

Regional Mental Health and Wellness Supports



The First Nations Health Authority (FNHA) and other organizations provide culturally safe and trauma-informed cultural, emotional, and mental health supports to First Nations people in British Columbia (BC).

Indian Residential Schools Resolution Health Support Program - Resolution Health Support Workers (RHSW) and Cultural Support Providers (CSP)

REGIONALLY-BASED SUPPORTS

- **Adah Dene Cultural Healing Camp Society**
 - RHSW: Cell 250-996-3813 Office 250-996-5024
 - RHSW/CSP: 250-996-1475
- **Carrier Sekani Family Services**
 - RHSW Vanderhoof: 250-567-2900 or Toll-free: 1-800-889-6855
- **Gitanyow Human Services**
 - RHSW / CSP: Office 250-849-5651 Cell 250-849-5651
 - RHSW: Office 250-849-5288 Cell 250-615-7946
- **Gitxsan Health Society**
 - RHSW: 778-202-1355 | irmsupport3@gitxsanhealth.com
 - CSP: 778-202-1703 | irmsupport1@gitxsanhealth.com
- **Nuu Chah Nulth Tribal Council**
 - Teechuktl / RHSW Coordinator 250-724-3939
 - RHSW 250-724-3939
- **Okanagan Nation Alliance**
 - 1-250-470-7048 or Toll-free: 1-866-662-9609

PROVINCE-WIDE SUPPORTS

- **Tsow-Tun-Le-Lum Society**
 - Toll-free: 1-888-590-3123 or 250-390-3123
 - Executive Director Email: ed@tsowtunlelum.org
 - MMIWG Coordinator/RHSW Email: RHSWCoor@tsowtunlelum.org
- **Indian Residential School Survivors Society**
 - Toll-free Crisis Line: 1-800-721-0066

INDIAN DAY SCHOOLS

- **Nuu Chah Nulth Tribal Council (NTC)** – Covering Vancouver Island NTC Regions: 250-724-3939
- **Tsow-Tun Le Lum** Toll-free 1-888-590-3123 or 250-390-3123
- **Indian Residential School Survivors Society** – Covering FNHA North, Interior, Fraser and Vancouver Coastal Regions: 1-800-721-0066
 - Vancouver Coastal: 778-960-0889
 - Fraser Salish: 1-800-721-0066 ext#702
 - Interior: 250-540-4716
 - North Central/North East: 250-961-1475
 - North West
 - Gitanyow Human Services: 250-842-3476
 - Gitxsan Health Society: 778-202-1355 | idssupport@gitxsanhealth.com

FNHA TREATMENT AND HEALING CENTRES

- **Carrier Sekani Family Services**
250-567-2900 or Toll-free 1-800-889-6855 and ask for an ARP team member
Email: rjohn@csfs.org
- **Kackaamin Family Development Centre**
Call: 250-723-7789 or Toll-free: 1-833-205-6946
- **Namgis Treatment Centre**
Call: 250-974-8015 or Toll-free: 1-888-962-6447 Ext.2152
- **Nenqayni Wellness Centre**
Call: 250-989-0301 or Toll-free: 1-888-668-4245
- **North Wind Wellness Centre**
Call: 250-843-6977 or Toll-free: 1-888-698-4333
- **Telmexw Awtexw**
(Sts'ailes First Nations) Call: 604-796-9829
- **Tsow Tun Le Lum**
Call: 250-268-2463 or Toll-free: 1-888-590-3123
- **Wilp Si'Satxw Healing Centre**
Call: 778-202-0162, 778-202-1349 or Toll-free: 1-877-849-5211
- **[BC Treatment Centres, Programs and Detox \(fact sheet\)](#)** – treatment centres that accept FNHA's per diem rate for Status First Nations

MISSING AND MURDERED INDIGENOUS WOMEN AND GIRLS

- **Nuu Chah Nulth Tribal Council:** 250-724-3939
- **Tsow Tun Le Lum Toll-free:** 1-888-590-3123 or 250-390-3123
- **Indian Residential School Survivors Society** – Covering FNHA North, Interior, Fraser and Vancouver Coastal 1-800-721-0066