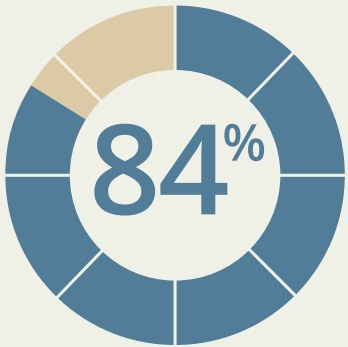


# What we heard about Opioid Use

## SUPPORT FOR CULTURAL PRACTICES

84% of Indigenous people believe that traditional cultural practices and teachings can support a person's healing journey.



Indigenous people disagree with harsh approaches towards opioid use and addiction.

Going "cold turkey" is the best way to overcome addiction

% DISAGREE

62%

A "tough love approach" is appropriate for dealing with addiction

54%

People need to hit "rock bottom" before they can be helped

45%



The two most popular sources of information about opioids and addiction for Indigenous people are health care providers (doctors, nurses) and websites.

## What we heard about Harm Reduction



People should choose to "stop using drugs" that are harmful.



Male

64%

65+ years

60%

Living in community

56%

More than half of Indigenous people who are over 65 years of age and/or male and/or living in community are unlikely to support harm reduction approaches to opioid use and addiction.

A harm reduction approach recognizes that every life is valuable and that substance use and addiction are complex and challenging.

