



My Health is *SEXY*

Take care of you for me

One in four people who are living with HIV don't know it

- » Knowing your HIV status is sexy. It's an important part of a healthy sex life and a good relationship.
- » Being responsible for your own health builds stronger communities.
- » Treatment is available at no cost and can suppress the virus, prevent transmission, and help people live long and healthy lives.
- » Health outreach nurses are available across the region to provide discreet and confidential HIV testing. They can meet you wherever you are.

Find out more about
HIV and where to get
confidential testing at:

OR

Call for confidential
information on how to
obtain free testing:

MyHealthisSexy.com

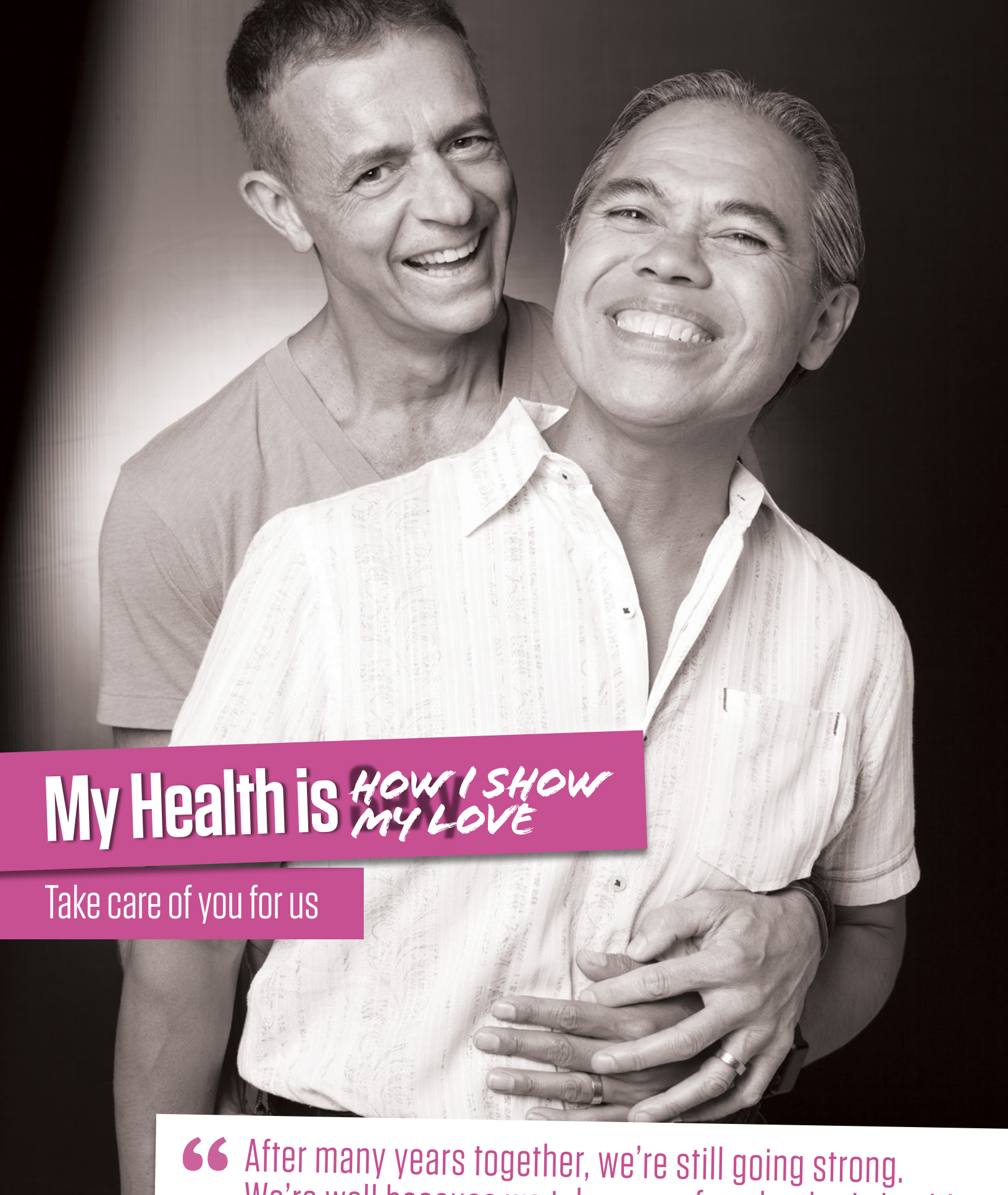
1-866-778-7736



First Nations Health Authority
Health through wellness



Interior Health
Every person matters



My Health is *HOW I SHOW MY LOVE*

Take care of you for us

“ After many years together, we’re still going strong. We’re well because we take care of each other’s health.

Dr. Evan Adams, Chief Medical Officer, First Nations Health Authority

- » Even if you’re in an established relationship, an HIV test is a good chance to check in with your mate, your doctor and yourself. It should be a routine part of your health care.
- » Treatment can suppress the virus, prevent transmission to partners, improve overall health, and is available at no cost.

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HIV Then



HIV Now

Michael's Story

“ Getting educated on the facts about what it means to be HIV-positive empowered me. HIV hasn't impeded my life like I thought it would and HIV hasn't stopped me from doing everything I ever wanted to do. I always wanted to do a triathlon. So I did.”

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