

# Toxic Drug Poisoning Trends among First Nations Youth (aged 15-29) Northern Region

Colonization and intergenerational trauma have negatively impacted First Nations' health, including increased harms caused by toxic drug poisoning. Note that the data presented here is sensitive in nature and represents individuals, their families, and loved ones.

## **Toxic Drug Poisoning Events**

#### **Provincial comparison**

Between 2018 and 2022:



Northern First Nations youth experienced 808 paramedic-attended toxic drug events out of a total 4,412 events among BC First Nations youth 34.7%

Northern First Nations youth experienced over a third (34.7 per cent) of toxic drug events among First Nations people in the region

# Comparison to other residents in Northern Region

In 2022:



The rate of toxic drug events among First Nations female youth was 5 times higher than other resident female youth

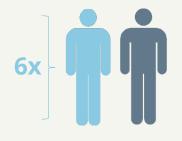
#### Geography

#### Between 2018 and 2022:

The highest number of toxic drug events among First Nations youth in Northern was reported in:

- Prince George = 373
- Terrace = 170
- Quesnel = 49
- Prince Rupert = 37
- Nechako = 36

The rate of toxic drug events among First Nations male youth was 6 times higher than other resident male youth







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# **Toxic Drug Poisoning Deaths**

#### **Provincial comparison**

#### Between 2017 and 2022:



41.7%



Northern First Nations youth experienced 55 toxic drug deaths, out of a total 318 among BC First Nations youth Northern First Nations youth made up 41.7 per cent of the region's total youth deaths, even though they only make up 17 per cent of the Northern youth population Northern First Nations youth experienced increased rates of toxic drug deaths during the pandemic

#### **Female youth in the Northern region**

#### Between 2017 and 2022:



First Nations female youth made up 49 per cent of First Nations youth toxic drug deaths in Northern



First Nations female youth experienced 27 toxic drug deaths in Northern (82 deaths per 100,000)

#### **Geography**

#### Between 2017 and 2022:

The highest number of toxic drug deaths among First Nation youth in Northern was reported in:

- Prince George = 13
- Terrace = 12





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### **Opioid Use Disorder (OUD)**



There were an estimated 335 First Nations youth who had healthcare interactions\* coded as being related to OUD in 2021



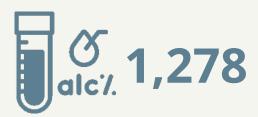
The per cent of 20 to 24-year-olds who might have OUD based on related health care interactions increased to 3.1 per cent in 2021 from 2 per cent in 2017



The number of First Nations youth who might have OUD in 2021, based on related healthcare interactions was highest in:

- Prince George = 147
- Nechako = 34

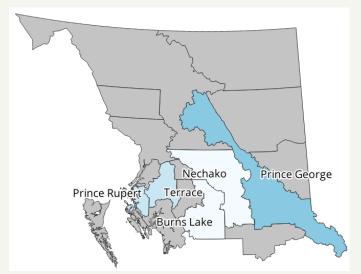
# **Alcohol Use Disorder (AUD)**



There were an estimated 1,278 First Nations youth who had health care interactions coded as being related to AUD in 2021



The per cent of 20 to 24-year-olds who might have AUD based on related health care interactions gradually decreased to 12 per cent in 2021 from 13.7 per cent in 2017



The number of First Nations youth who might have AUD in 2021, based on related healthcare interactions was highest in:

- Prince George = 327
- Prince Rupert = 185
- Terrace = 160
- Nechako = 95
- Burns Lake = 69

\*The health care interactions were coded for AUD or OUD, but don't necessarily indicate a confirmed diagnosis

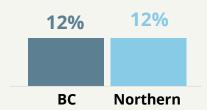


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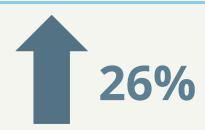
### **Mental Health and Hospital Service use**

Depression, Mood and Anxiety disorders, and health services use are examined due to their relationship with substance use.

#### **Depression**



12 per cent of First Nations youth in Northern region were treated for depression, compared to 12 per cent of First Nations youth in BC in 2020/21

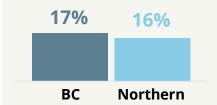


Between 2017 and 2020/2021, the number of First Nations youth dealing with depression increased by 26%

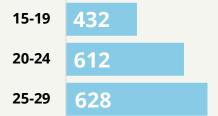


First Nations female youth were treated for depression 2.4 times more than First Nations male youth in 2020/21

#### **Mood and Anxiety Disorder**



16 per cent of First Nations youth in Northern region were treated for Mood and Anxiety Disorder, compared to 17 per cent of First Nations youth in BC in 2020/21



Total cases of Mood and Anxiety Disorder were 1,672 in 2020/2021 (age breakdown shown above), an increase from 1,348 in 2017



First Nations female youth were treated for Mood and Anxiety Disorder 2.4 times more than First Nations male youth, in 2020/21

#### **Emergency departments (ED) and hospitalization use for Mental Health**

For First Nations youth in the Northern region in 2020/2021:

765

765 First Nations youth used EDs for mental health-related reasons



There were more First Nations female youth who were treated in the ED for mental health-related reasons than First Nations male youth

56

There were 56 self-harm related hospitalizations