Family and Friend Caregiver Resources

First Nations Health Authority
Health through wellness

Family Caregivers of BC

- Support Line Phone Number
- Support Groups and Learning Centre
- Resources for Young Caregivers

Caring for the Caregiver

- Links, Resources and Tools for Caregivers
- Canadian Caregiver Credit (Canada Revenue Agency)
- Provincial Programs (e.g., Home & Community Care)

TEVA Canada

- Caregiver Self Burnout Assessment and Care Plan
- Printable Resources
- Resources based on Topic and Province

Alzheimer Society of BC

- Alzheimer's Supports & Resources, and Helpline
- Resources Based on Regional Health Authority Boundaries

Qmunity

- Queer, Trans and Two-Spirit Focus
- Youth Programs
- Senior and Older Adult Programs

Inclusion BC

- Self-Advocacy & Family Support for People with Disabilities

Indigenous Caregivers of BC

- Caregivers Support of Children and Youth
- Non-Indigenous Caregivers of Indigenous Children and Youth

Family Support Institute of BC

- Support and Advocacy for those with Disabilities
- Support Line Phone Number
- Workshops and Training

Indigenous Youth Wellness

- Youth and Young Caregivers
- Youth-Led Participatory Programs
- Training and Workshops

For more information about caregiving, please email cdsi@fnha.ca