First Nations Health Authority
Health through wellness

Medications
Questions to Ask*

Consider asking your prescriber or pharmacist these questions when starting a new medication or reviewing your medication list

Coverage
- Is this medication covered? If not, what is?

Continue
- How long should I continue taking this medication? Can I stop once I feel better?

Changes
- Is there any medication I'm taking that could be stopped or changed?

Monitor
- How do I know if this medication is working properly?
- Are there any side effects?
- Do I need any medical tests while taking this medication?

Follow-Up
- When should I follow-up with a healthcare provider if my condition doesn't improve?

Ideal Use
- What else should I know about my medications? (i.e., taking with food, driving, activity level, storage, missing a dose, pregnant, breastfeeding, etc.)

Medicines are safest and most effective when used as intended. Asking your health care team these questions will help you understand the medications you're taking and will support healthy medication use.

Keep a list of medications in your purse or wallet. Review the list regularly with your prescriber or pharmacist. Include any drug allergies and traditional medicines along with any prescription and non-prescription products, vitamins, minerals, or other herbal or natural products you're taking.

Call Health Benefits & Services at 1-855-550-5454 if you have any questions about your pharmacy plan. Or visit fnha.ca/benefits/pharmacy for more information regarding pharmacy benefits.

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** Adapted with permission from ISMP Canada*